

Compass Rose



June-August 2015

Spring Fever and Summer Adventures

by Nancy Jasa, Director of Religious Education, Youth Ministry



Not sure if Spring Fever is as intense here as it was for me as a youth in Omaha, Nebraska. I remember staring out the window and desperately wanting to be outside and not stuck in that dreary school building. The weather warms up much sooner here and does not coincide as strongly with the end of the school year. I don't really hear people in California refer to Spring Fever. I do however notice that "ready to be done" with school attitude which starts to creep into our children and youth at the end of April and is in full swing in the month of May.

That's when I trot out the question, so what are your summer plans?

I was reflecting on those answers and how they are usually about the vacations they will take, the places and people they will visit. Sometimes I hear about the fun educational camps they will be going to, and this made me wonder about the importance of summer.

Summer is a time for Adventuring. I still have fond memories of some of those summertime vacations. My favorite was going with my grandparents to a family vacation home, a little red cabin in the Black Hills of South Dakota. We would drive there across Nebraska, and then into the Badlands. A required stop on the route was of course at Wall Drugs in Wall, South Dakota. There were signs all along the roads for hundreds of miles before you ever got there, promising all sorts of adventure to be found at the Wall Drug Store. We always stopped at Mt. Rushmore as well. It instilled in me an awe of our national treasures that I never lost. I also never grew tired of the little red cabin with no indoor plumbing sitting in the forest. The trip was always an adventure. The best



continued page 3

Mission, Vision, and Purposes Unitarian Universalists of San Mateo

Mission

We are a religious community of open hearts and open minds working together to transform ourselves and the world.

Vision

We are a growing, welcoming, and diverse congregation, grounded in and living out our liberal religious values.

Purposes

Worshipping

A sense of transcending wonder inspires our life together as a religious community. Through a diversity of services and rituals, we open our hearts and minds, and are moved to take action in the world.

Caring

All people are welcomed, dialogues flourish, and relationships grow and deepen through joyous and difficult times. Individually and collectively, we exemplify love, compassion, respect, and hospitality, both within our congregation and in the greater community.

Connecting

We invite and encourage all congregants to participate in congregational life, and we create opportunities, through social and spiritual fellowship, for everyone to form deep and lasting connections. We create meaningful connections with other Unitarian Universalists, and with other religious and service groups.

Learning

We have a cohesive and engaging lifespan religious education program, which inspires us to understand Unitarian Universalism, to nurture our spiritual growth and identity, to live in accordance with Unitarian Universalist principles, and to develop our leadership abilities. Our religious education program attracts and serves the greater community.

Acting

We demonstrate our liberal religious values through effective social action, providing leadership and creating partnerships in the local community and beyond.

Giving

We are generous with our time, talent, and money. Through our stewardship, our congregation thrives, and we create greater justice, equity, and compassion in the local and global community.

Contents

Cover

- 1 Spring Fever and Summer Adventures
by Nancy Jasa

Articles

- 4 Summer Religious Education:
Heart Talk for Kids
by Kathy van Leuwen
- 5 The Red Wagons of Summer
by Rev. Ben Meyers
- 9 Gretchen Warner Receives NAACP Award

Sections

- 6 Voices
- 10 Announcements and Events

Unitarian Universalism's Principles and Purposes

As a member congregation of the Unitarian Universalist Association, we at UUSM covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Spring Fever and Summer Adventures

continued from front page

piece of coconut cream pie I have ever eaten was enjoyed in a small diner in those hills.

Summer is a time for Imagining. Coming across the badlands I would imagine all the cowboys, Indians, bank robbers, and marshals that played their western versions of hide and seek in that stark and rolling landscape. My dad liked watching Westerns on Saturday mornings, and they were played out in my imagination as we would drive across the Badlands. I can still today see the badlands in my imagination.

Summer is a time to be refreshed. I've noticed while living an overfilled and chaotic life that finding silence and space to hear myself is important. Summer can be that quiet time for our children and youth. They are growing and changing rapidly as they continually discover who they are and who they are becoming. Time to spend with themselves and their interests is surely a necessary part of their development. Sure some of summer is boring, but so is meditating ;-). Being able to relax into an adventure and imagining, that is not cut short and can be returned to for several days in a row, gives their bodies and minds a time to reset. The break can be a time to let go of the physical and emotional stress of striving and pleasing. Summer renews the connection of our deepest self to our everyday world. A connection we lose in the overscheduled, chaotic, and striving for success world we are generally steeped in the rest of the year.

I hope that you get to go on an adventure this summer, to view a different landscape and allow your imagination to take over. While there, take a deep breath and relax into yourself and be refreshed.

A Big Thank You Shout Out!

to our 2014-2015 Religious Education Volunteers. We could not administer our programs without all of you. You Rock RE.

Hildur Carlen ~ Amanda Payne ~ Emerald Keehan ~ Julianna Rees ~ Harlan Suits ~ Sasha Clayton ~ Charles Du Mond ~ Christina Conklin ~ Colaine Roepke ~ Conrad Carlen ~ Diana Chung ~ Joe DeFelice ~ Barbara Du Mond ~ Joe Sandmeyer ~ John Farrow ~ Katherine Preston-Watson ~ Mark Eggleston ~ Martha Michel ~ Marty Hoffman ~ Mike Williamson ~ Robin Melnick ~ Sara Shafiabady ~ Shaun Collins ~ Shirley Brim ~ Teri Roberts ~ James Roberts ~ Steve Latner ~ Tom Newman ~ Susan Grieger ~ Cordelia Leoncio

Article Submissions

Articles for *Compass Rose* (max. 500 words) may be submitted for consideration to office@uusanmateo.org. (Contact the office if you have ideas for longer articles.) Poetry, photos, and art work are also welcome. Deadline for the next issue (covering September-November 2015): **August 6, 2015**. The theme will be: "Vision for the Journey Ahead."

Events and calendar items for *Compass Rose*, the UUSM website, and other UUSM publications may also be submitted at any time to office@uusanmateo.org. Please include a title, inclusive dates and times, location, blurb (max. 50 words), cost (if any), and contact information. Longer announcements may be considered – please contact the office. All submissions are subject to editorial discretion and revision.

Compass Rose

A compass rose is a diagram, usually displaying the cardinal directions of north, south, east, and west, that appears in virtually all maps, charts, and other navigation systems. (The "rose" in the term refers to how the compass points resemble the petals of the flower.) It is our hope that *Compass Rose*, the quarterly journal of the Unitarian Universalists of San Mateo, will likewise serve as a guide to help you get your bearings as you travel in your spiritual journey.



Summer Religious Education: *Heart Talk for Kids*

by Kathy van Leuwen, Director of Religious Education, Children's Ministry



Part of what we do in Religious Education as Unitarian Universalists is to tackle the hard stuff. We talk about death and why bad things happen to good people. We talk accurately and openly about human relationships and sexuality. We talk about environmental threats to our earthly home and all its creatures. Taking on difficult topics (in age-appropriate ways) is not all we do – we also find inspiration, hope, joy, and meaning in our Unitarian Universalist Sources and in our connections to one another – but it is a defining element of how Unitarian Universalists “do” Religious Education. By trusting our children’s intelligence and moral compasses, we respect their worth and dignity and demonstrate our faith in them to create a better world.

Perhaps one of the most daunting issues to talk about with our children and youth is racial inequality. But the events of the past year – in Ferguson, New York City, Baltimore, fifty years after the March on Selma – makes having these discussions imperative. And when we do have these conversations, we need to realize that our children, who have grown up in a more multi-cultural environment than many of us adults did, view and experience race and ethnicity differently. We need to be aware of our privilege – whether that is “white privilege,” economic and/or educational advantage, or the benefits of our gender status or sexual orientation – and acknowledge that people are individuals who wear multiple identities as they navigate their daily lives.

But, let’s put first things first. In order to talk about race and ethnicity (and difference and inequality in general) productively, we need to have the skills to do so. This includes children, youth, and adults. Skills like empathy, active listening, and non-violent communication. How many times have you heard people say that they are interested in talking about race and justice, but don’t know how?

For these reasons, Nancy Jasa and I, as Directors of Religious Education, have chosen *Heart Talk for Kids* by Veronica Lassen and Debbie Berkana for this Summer’s curriculum. In this program, children learn communication skills and build more open and trusting relationships. The underlying values for this curriculum come from Unitarian Universalist principles and Marshall Rosenberg’s model of Nonviolent Communication.

Nonviolent Communication (also known as Compassionate Communication) strengthens our ability to inspire compassion from others and respond compassionately to others and to ourselves. It is based on the understanding that all humans have the same needs for food, shelter, safety, love, fun, and more. Nonviolent Communication guides us to express ourselves, hear others, and prevent and resolve conflicts by focusing on what we are observing, feeling, needing, and requesting.

Heart Talk for Kids emphasizes feelings, universal needs, making requests, understanding (empathy) for yourself and others, gratitude, transforming anger, conflict resolution, and active peacemaking. Lessons include movement, activities, games, art, stories, songs, and time in nature, and make the time we share together active and fun.

Our children are growing up in a world that is increasingly diverse and changing. They are often faced with complicated situations in their lives and at school, from friendship difficulties to outright bullying. Giving our children the tools to communicate on an empathetic level is a gift. A gift that just might just transform ourselves and the world.

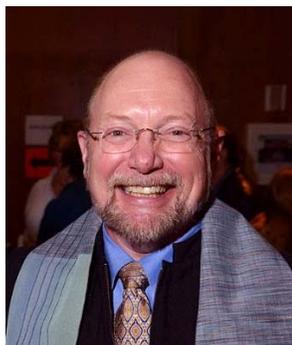
Summer Religious Education Program Begins!

Sunday, June 14, 10:15-11:15 am

Children will begin in the Sanctuary for the first few minutes of the worship service, and then will be sung out directly to the Summer Religious Education program, *Heart Talk for Kids*. RE will take place during the worship hour for the summer.

The Red Wagons of Summer

by Rev. Ben Meyers



One summer's day a little boy was playing in front of his house, when it occurred to him that he had never, EVER seen an adult playing with a red wagon like his.

And then he burst into tears.

His father, working from home, heard the cries, went outside, and asked his son why he was crying. The boy said he was afraid that when

he grew up he wouldn't be able to play with his red wagon anymore.

His father assured the child that when he grew up he could play with his red wagon if he wanted to. That quieted the boy for a moment. Then he burst into even greater sobs.

The father asked, "What's the matter now?" The young boy replied, "I'm afraid that when I grow up, I won't WANT to play with my red wagon anymore," and wailed even louder.

The father, perplexed, but understanding just the same, picked up the boy, hugged him, placed him gently in the wagon, and pulled it in a slow, zig-zag fashion, all the way to the ice cream shop – and back again ...

Enjoy the red wagons of summer, then and now and again and again.

Blessings,
Rev. Ben



Music Notes

the Music Director Search Committee

The committee is hard at work and moving forward quickly.

Progress so far

We have reviewed the Music Director job description and refined it for where we are today, crafted and posted our job description, and prepared a process to evaluate our applicants. We will gather applications through June and hold interviews and auditions with our top candidates in July.

Where you can help!

We created a survey to get your input. Please visit www.surveymonkey.com/s/HTFNJBR and take a few minutes to give us your feedback on our music programs. Thanks to all who have completed the survey.

We created a special email address that goes to all members of our committee: musicnotes@uusanmateo.org is there for your comments and ideas.

Join in the celebration of Shawn's time with us on June 14, 5:00 pm, in Beck Hall. Mary Melnick is leading the party planning efforts. We want to involve the whole community in the celebration.

We are dedicated to finding just the right fit for UUSM to continue to grow our amazing music program.

~ Rev. Ben Meyers, Minister and Search Committee Chair; Shaun Collins; Marty Hoffman; Mary Melnick; Dave Merrill; Katherine Preston-Watson; Pam Sachs; Sheila Sandow

Voices

Stories, reflections, and inspiration from the UUSM community

A Low Carbon Pause

by Christy Conklin



After six months of concerted effort on both leading and participating in our Low Carbon Diet program, now is a good time to pause and reflect. About 50 people regularly participated in our monthly activities this spring, along with our congregation-wide and public events. I

sense a lot of support and energy behind this commitment to building a new way of life – a new diet – for the planet. So what have we accomplished so far? What went well or not so well? Where do we want to go next?

1) Measure and Reduce. This is Low Carbon Diet's motto, since it is only when we account for our actual behavior that we can be fully aware of it and therefore able to change it in a lasting way. But it turns out that it's quite difficult to measure our carbon footprints accurately; good tools aren't really available (there's no app for that!) to track one's footprint over time. So measuring was a less-than-satisfying aspect of the project, even though I think many of us learned a lot about our carbon consumption, like how much carbon a gallon of gas emits, or a dryer full of clothes, or a hamburger.

More importantly, many people made concrete and substantive changes this spring: installing solar power, buying electric cars, catching excess shower in buckets, line-drying clothes, cutting back on plastic, and shopping at farmers' markets. Each and every one of these personal choices makes a difference in real terms (fewer lbs. of CO₂ released) and also builds new, lasting habits that can inspire others. So, take a moment to feel proud of and empowered by the changes you made this spring; each one is truly like a pebble in a pond, rippling out in all directions.

2) We had several fantastic lectures and events that educated us about Big, Important Issues, like sea level rise, plastic pollution, and ethical eating. Knowledge is

power, and we now have more tools with which to make good personal and public policy choices. Can we become community leaders in San Mateo County on some of these issues, partnering with other churches, non-profits, and government to bring about real and lasting change? Absolutely! We just need to educate ourselves and keep showing up.



3) Sustainable Spirituality and Spiritual Sustainability: these two terms are related but not the same. We need to ground ourselves in spiritual practice in order to be sustained in justice work over the long term, and we know that building a sustainable culture is a spiritual practice in itself. As we move forward with this project, I hope we will focus even more on WHY we are doing this, in addition to WHAT we are doing. The WHY – compassion for all life, our place in the interconnected web of existence, right relationship with each other and the world – is what brings meaning and purpose to our lives.

4) Sharing what we've learned. The more we talk about the steps that we're taking, individually and as a community, the more we will help shift awareness in our neighborhoods and workplaces about the possibility of building a new way. So please mention your new compost bin to your book group, or talk up your bike commute around the water cooler. Planting the seeds of possibility in people's minds can go much further than you imagine.

As we pause this summer to reflect and rest, please talk with others at UUSM about your hopes for our justice ministry in the coming year. General Assembly will provide inspiring ideas and energy, and there will be more interfaith and community connections we can make in the coming months. Then we'll come back in the fall, renewed and ready for action!

Philippine Pilgrimage Reflection

by Tom Newman

The following is a reflection that Tom Newman gave at the March 15 Partner Church worship service at UUSM.

Good morning.

I want to start by thanking Carol and Susan and all of the other former pilgrims who encouraged me to make this pilgrimage, and my daughter Rosie for coming along. You were right – it was a great experience, and that’s my major take-home message to the congregation: carbon footprint notwithstanding, go if you can.

One of the things I found most rewarding was the opportunity to learn more about the Philippines. The UU Partner Church Council provided a recommended reading list of about 50 books, which would have been more helpful to me if it had been about 49 books shorter. I finally chose *Noli Me Tangere*, a Spanish-language novel by José Rizal, a 19th century Filipino ophthalmologist who ended up getting executed for writing it.

Among the great learning opportunities built into the trip was a walking tour of the old city of Manila by Carlos Celdran, a cultural and reproductive health activist and talented performer. Carlos is facing a jail term because the Catholic Bishops’ Conference of the Philippines had him arrested and he was convicted of “offending religious feelings.”

We learned about how the Philippines had been colonized by Spain after Magellan landed and was killed there in 1521, and how the colony was actually run more by the Catholic Church than by Spain.

Carlos told us how the US, rather than the Filipinos themselves, chose José Rizal as their national hero. The Filipinos had been fighting for independence from Spain for many years before Spain sold the Philippines to the US as part of the 1898 Treaty of Paris, which ended the Spanish-American War. As Celdran tells it, just as the Filipinos were set to celebrate the exit of their Spanish colonial rulers, Admiral Dewey showed them the receipt for the \$20 million sale to the US. The US created the José Rizal memorial park and museum and changed the official city center to the site of José Rizal's grave. The US liked Rizal as a hero because he was nonviolent, part of the aristocratic 1%, and most importantly already safely dead, rather than part of the dangerous

rabble that had pushed and still was pushing for independence. That push led to the Philippine-American War, which the US won in 1902 at a cost of 4,200 American and 200,000 Filipino lives.



Tom Newman and Carlos Celdran

The Philippines was brutally occupied by Japan in World War II and did not become independent until in 1946. The US liberation came at great cost – the number of civilian lives lost in the 1945 battle of Manila, about 100,000, was right up there with Hiroshima, Nagasaki, Tokyo, Dresden, and Hamburg, but unlike the situation in those cities, in Manila all of those dead civilians were on our side. After the victory the US bulldozed what remained of the city, including 6 of 7 cathedrals.

Carlos does not seem to have been intimidated by his arrest; he railed against theocracy and frequently referred to the “Catholic Taliban” still running the Philippines.

The Philippines is the only major country in the world in which divorce is still illegal. Birth control is severely limited, and the population has grown from 60 million to

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The UUSM pilgrims and the staff of the UU Church of the Philippines

over 100 million in the last 25 years. A reproductive health bill finally passed, but implementation has been held up by the church.

Learning this history, and particularly the need for a progressive alternative to the Catholic Church made me proud of our support for the UU Church of the Philippines, and its efforts to "create a new reality."

To learn more about our partnership with the Ulay congregation on Negros Island in the Philippines and the Education Partner program, please contact Partner Church Committee Co-chairs Carol Cook and Lori Fox.

Raj Reflects (Excerpt)

by Rev. Raj Rambob, Executive Director, Home and Hope

Foreword by Joy Thomas, UUSM Home and Hope Coordinator: *"Many of you who volunteered with Home and Hope in March remember the newborn that we were privileged to hold. After we were graced by this baby, outgoing Executive Director of Home and Hope, Raj Rambob, reflected on babies. Babies epitomize Compass Rose's theme of renewal!"*



Babies are born into loving homes all over the world. There is no single proper, or right, way to care for a baby. There is no single, or right, way to love a baby. But sometimes the birth of a baby into the loving arms of parents can still give one pause.

Very recently a beautiful, healthy baby was born to loving, amazing parents here at Home and Hope. While there is immense and boundless joy at bearing

witness to new life and familial love, I pause every time I see the family. I pause because there is an immediate and simultaneous welling up of feelings of awe and aww; and feelings of anger over the difficulty they face with their baby born in a shelter in a pocket of the world with such extreme wealth, where these loving, hard-working, kind, wise people struggle since they are not paid adequately to afford independent housing.

What brings me back around to warm and uplifting feelings is the knowledge that if a child is to be born while a family is in a shelter, this one, Home and Hope, is a

Creators of a New Reality

People of the church of God tell us what you see
So many of our people are not free
Why do few have so much land so many have no homes
Why have you been silent for so long.

Refrain

Together we have felt the fire struggling with the poor
Together seen the bonds that hold us down
Together hear our people cry calling us to be
Creators of a new reality.

Pow'r of principalities make diff'rence all the same
Destroy our lands and sterilized our seas
Violence and security the tool to keep us down
The poor provides the plenty for the strong.

(repeat refrain)

The people are awakening the church begins to see
Its sinfulness in sliding with the strong
Women keep in ignominy, oppression lurks in hierarchy
In bonding with the bound we will be free.

(repeat refrain)

Proclaim to God our life and song revealed among the poor
Echoed in the bounty of the earth
Celebrate diversity, in justice find our unity
Transforming fire are new grass growing long.

(repeat refrain)

place that is full of loving people, parents, grandparents, "cousins," uncles, and aunties. We may only hold those roles on a temporary basis, but we get to hold those roles for some of the most wonderful people I know.

The birth of a beautiful baby reminds me that Home and Hope makes a positive and important difference for ALL of us.

(Reprinted with permission from Home and Hope's newsletter.)



Photo by Tom McCune

Gretchen Warner's Acceptance Speech

Good Afternoon, everyone. It is with much joy and a feeling of humility that I gratefully accept the special recognition award this year from the San Mateo NAACP Branch 1068. I am deeply honored to be a member of an organization which has fought tirelessly for civil rights for 106 years.

With heartfelt gratitude, I accept this award for service on behalf of all of us who participate in community groups which work for the well being of all members of society. I am grateful to our NAACP Branch and all the good people who do so much. I appreciate the leaders and volunteers of the North Central Neighborhood Association who organize a Dr. Martin Luther King Day Poetry, Essay, and Art Contest for the children of our community. Many thanks to my congregation, the Unitarian Universalists of San Mateo, and especially to Rev. Ben Meyers.

Mahatma Gandhi said, "You must be the change you wish to see in the world."

Building community and getting to know one another by working for peace and justice celebrates the spirit of love as Dr. King proclaimed and brings blessings to everyone.

Gretchen Warner Receives NAACP Award

On March 15, 2015, the San Mateo Branch of the National Association for the Advancement of Colored People (NAACP) presented its Community Service Award to UUSM's own Gretchen Warner for her many years of dedicated services in supporting the branch's Mission and Vision, and in acknowledgement of her commitment to serving others and the community.

This is the second year in a row that a UUSM member has been awarded this honor. Last year's recipient was the late Randy Silver.

Gretchen has been a member of UUSM for over 50 years. She has been a pillar of our community and one of the driving forces of our Open Door programs, especially the annual Martin Luther King Reception.

Our hearty congratulations to Gretchen!



Gretchen at the awards ceremony, surrounded by UUSMers. Photo by Tom McCune

Announcements and Events



2015 General Assembly "Building a New Way"

June 24-28
Oregon Convention Center
Portland, Oregon

Join the annual meeting of our
Unitarian Universalist Association (UUA)!

www.uua.org

Social Action

Social Justice Sundays

Every 3rd Sunday, 11:00 am-12:00 pm
(next dates: June 21, July 19, Aug. 16)
Beck Hall

Check out the Social Justice tables in Beck Hall! Be the change you wish to see in the world! For info, contact Caryl Hughan at 650-692-4147 or educaryl@gmail.com.

Home and Hope at First Presbyterian Church of San Mateo

June 28-July 5 and Aug. 23-30
First Presbyterian of San Mateo
194 W. 25th Ave., San Mateo

Five temporarily homeless families will live as guests in our partner congregation, First Presbyterian, twice this summer for a week each time. For more info, contact Joy Thomas at 650-520-9997 or joybeach@gmail.com.

Ongoing

Knitter's Group

Every Sunday, 11:00 am-12:00 pm
Ann Benner Room

All skill levels welcome! For info, contact Christina Berdoulay at 650-343-5042 or csberdoulay@sbcglobal.net.

Newcomer's Circle

Every 1st Sunday, 11:15 am-12:00 pm
(next dates: June 7, July 5, Aug. 2)
Hemingway Lounge

Visitors are invited to our basic course on what Unitarian Universalism and UUSM are all about. No RSVP needed.

Meditation Group

Every 1st and 3rd Sunday,
11:30 am-12:00 pm
(next dates: June 21, July 5 and 19,
Aug. 2 and 16)

Sit down and be still! (And meditate.)
For info, contact Rob Voss at 650-658-6918 or powderbird@sbcglobal.net.

Upcoming Services

Worship services take place at UUSM on Sundays, 10:00-11:00 am. Please check www.uusanmateo.org for more information.

Community Events

Congregational Meeting

Sundays, June 7, 11:30 am-1:00 pm
Sanctuary

Join us for the next Congregational Meeting. We'll be voting for the special collection beneficiaries for the coming program year.

Farewell Party for Shawn Reifschneider

Sunday, June 14, 5:00-8:00 pm
Beck Hall

Please join us as we bid a fond farewell to Shawn, our music director for the past 10 years. We'll wish him well as he turns to a new chapter in his life!

Annual Multi-generational UUSM Picnic Sunday, September 13

Directly after the Water Communion, come on down to Central Park (on El Camino and 5th Ave., San Mateo) for an afternoon of fun, food, and fellowship! We've got a reserved picnic site and BBQ grills for your burnt offerings. Everyone brings a dish to share plus non-alcoholic drinks. You, whether brand new or an old hand, will find this convivial time the most playful gathering of the UUSM year.

But wait! Many hands are needed to create this amusement. You could be the perfect person to lead games for the kids (and adults) or to guide arts and crafts. Maybe table décor is your strong point, or music (singalong, jam session?). In addition to the grill team, we need "kitchen" staff to set up the feed. There are lots of ways to pitch in, big and small. At the time this goes to press, a new chair is needed; a complete run book is provided for guidance. Contact Francesca Guido at 650-340-8979 or fantine@sonic.net, or see her at Coffee Hour.

See you ALL at the Picnic!



For Ages 2.5 - 6

- Full/Half Day Schedules
- In Combination with Montessori

Enriched Curriculum

Performing Arts

(June 15 - June 26)

Soccer Camp

(June 29 - July 10)

Kinder Science

(July 13 - July 24)

Farm Animals

(July 27- August 7)

Now Enrolling for Fall

(650) 340-8819

300 E. Santa Inez, San Mateo
KinderAcademyMontessori.com

UUSM Book Group

Every 4th Sunday, 11:30 am-1:00 pm
(next dates: June 28, July 26, Aug. 23)
Hemingway Lounge

For info, contact Anne Silver at 650-740-7221 or annehsilver@yahoo.com.

Walkie Talkies

Every 1st and 3rd Monday,
9:30-10:30 am
(next dates: June 1 and 15, July 6 and 20, Aug. 3 and 17)
Offsite

Women's group strolls twice a month.
For info, contact Phyllis Mitchell at 650-340-9091 or phyllismit@sbcglobal.net, or Cynthia Fernald at 650-638-14 or cynthiaferald@gmail.com.

Women's Potluck

Every 1st Monday, 6:00-8:00 pm
(next dates: June 1, July 6, Aug. 3)
Beck Hall

UUSM's women get together for a monthly potluck! For info, contact Phyllis Mitchell at 650-340-9091 or phyllismit@sbcglobal.net, or Anne Peter at 650-343-7852 or annepeter@at.net.

Age-ing to Sage-ing

Every other Tuesday, 1:30-3:30 pm
(next dates: June 9 and 23, July 7 and 21, Aug. 4 and 18)
Hemingway Lounge

Seniors meet for mutual support. For info, contact Kim Mortyn at 650-574-3250 or kmortyn@gmail.com, or Dick Davis at 650-348-3966 or davisrlav@aol.com.

Women's Age-ing to Sage-ing

Sage-ing groups just for women. We currently have two groups meeting.

Group 1 - Every 2nd and 4th Tuesday,
7:00-8:30 pm
(next dates: June 9 and 23, July 14 and 28, Aug. 11 and 25)
Hemingway Lounge

For info, contact Lillian Barden at 650-401-6089 or lilbarden@astound.net, or Randi Paynter at 510-333-4746 or randi.paynter@gmail.com.

Group 2 - Every 1st and 3rd Thursday,
1:00-2:30 pm
(next dates: June 4 and 18, July 2 and 16, Aug. 6 and 20)
Hemingway Lounge

For info, contact Kathy Kinner at 650-571-7622 or kjkinner@gmail.com.

Women's Chalice Oval

Every 2nd Wednesday,
7:00-8:30 pm
(next dates: June 10, July 8, Aug. 12)
Hemingway Lounge

This women's Chalice "Circle" continues!
For info, contact Debby Leschyn at 650-591-6616 or dleschyn@gmail.com.

Men's BBQ Night

Every 3rd Thursday, 6:00-8:00 pm
(next dates: June 18, July 16, Aug. 20)
Patio, Beck Hall

Join the UUSM men for a meal from the grill and topical conversation. For info, contact Truman Smith at 650-740-9773 or trumanwsmith@gmail.com.

First Friday Family Fun Nights

Every 1st Friday, 6:30-8:30 pm
(next dates: June 5, July 3, Aug. 7)
Beck Hall

Join this monthly multi-generational family night with pizza and salad. Cost: \$5.00/adult, \$2.00/child, up to a maximum of \$15.00/family (plus your help cleaning up afterward).

Unitarian Universalists of San Mateo

Ministers

Rev. Ben Meyers, *Minister*
650-445-0172
minister@uusanmateo.org

Rev. Joy Atkinson, *Minister Emerita*
revjoy@aol.com

If you wish to meet with Rev. Ben Meyers, please contact him for an appointment.

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